the PULSE

BOSTON, MASS. MAY, 1964

NEW ENGLAND DEACONESS HOSPITAL

TERRACE ROOM

COFFEE SHOP

NEW RESTAURANT HAS LUXURY DECOR FOR MEALS AND PRIVATE FUNCTIONS

Superb dinners and leisurely luncheons are now available in a luxury atmosphere at the Riverway Restaurant in the new Deaconess Medical Building at 110 Francis Street.

The ultra-modern Terrace Room offers a pleasing variety of favorite dishes, expertly prepared and unobtrusively served. Air conditioning and a delightful decor assure comfort while enjoying a meal.

Every possible effort is being made to enable those affiliated with the Deaconess Hospital to make use of the new facilities for private functions. Any group desiring to hold a luncheon or dinner may have the privacy of function rooms without charge.

Such diverse activities as medical seminars and class reunions have already been scheduled at the Terrace Room. And one innovation is the "Doctors' Round Table."

This is a table reserved for physicians who may wish to join other doctors at luncheon. They have opportunity to "talk their own language" and become acquainted with others in the medical profession. The only requirement — in addition to the "M.D." — is that the doctor introduce himself when he sits down

Visiting doctors from other hospitals will find the "round table" convenient from both the dining and social aspects.

The Terrace Room is open from 11:30 a.m. to 8 p.m. on weekdays, and from 8 a.m. to 8 p.m. Sundays.

Those who prefer self-service will find an array of the same foods at the Riverway Coffee Shop, which adjoins the Terrace Room. The Coffee Shop is open from 7:30 a.m. to 8 p.m. weekdays and from 8 a.m. to 2 p.m. Saturday. It is closed Sunday. Breakfast is available.

The Riverway Restaurant is located on the first floor of the new Medical Building at the corner of Brookline Avenue and the Riverway. Convenient parking in the Deaconess parking facility is free for the first hour for restaurant diners and 25 cents per hour thereafter.

Applications for credit cards are available at the restaurant. All persons affiliated with the Deaconess Hospital are eligible to receive the card which simplifies the payment for meals.

ROSE MARIE DeFLORA APPOINTED BY NEDH AS CHIEF DIETITIAN

Miss Rose Marie DeFlora, formerly chief dietitian at the Pratt Diagnostic — New England Center Hospital unit of the Tufts New England Medical Center, has been appointed chief dietitian of the Deaconess Hospital.

Miss DeFlora succeeds Miss Effie May Winger, who retired last month after 19 years at the Deaconess.

The new department head was born in Lodi, N. J., a short distance from New York City, and received a degree in Home Economics from Seton Hill College in Greensburg, Pa. Her internship in dietetics was completed at St. Luke's Hospital in New York, where she remained for more than eight years.

She worked as therapeutic dietitian for one year and for three and one-half years was in charge of the main kitchen. She was then promoted to the position of administrative therapeutic dietitian in charge of patient service.

Four years later she moved to Boston. She headed the dietary department at Pratt Diagnostic - New England Center Hospital for six years.

Miss DeFlora has also served as consultant for Maine hospitals, evaluating their dietary departments and making

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MISS DEFLORA APPOINTED CHIEF DIETITIAN

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suggestions for improvements. Her chief concern is the patient's satisfaction.

She recognizes the fact that food is a key factor in the patient's evaluation of a hospital and will elicit either praise or criticism — either improving or harming the hospital's image.

For that reason, she explains, she believes in maintaining close contact with the patients to measure their individual views regarding the choice and preparation of food.

While at the Pratt Diagnostic - New England Center Hospital, she produced a new and attractive menu designed to have an esthetic as well as practical appeal to the patients.

No longer was it necessary to read and check a small tightly typed and mimeographed sheet. The patients instead reviewed a menu of the type they might find in any good restaurant, including listed classifications of "Appetizers," "Entrees," "Salads," etc.

"Much has been said about hospital food, good and bad," she explains, "but those of us responsible for planning menus, selecting, buying, preparing and serving that food would like to assure our critics that, as the ads for one Boston company say, 'our food is prepared with a little bit of love'. That's a fact.

"We would not be dietitians or cooks if we didn't love our work." And if anyone loves cooking, it's Miss DeFlora. Her hobby consists of experimenting over a hot stove with the exotic dishes of foreign lands.

Her current target is Chinese cooking. She has mastered the technique of preparation and cooking, but timing is a problem, she admits. She still must determine how to have each of the many items on the Chinese menu cooked, hot and ready for serving at the same time her guests are ready to eat.

"Spoiling" her visiting nieces and nephews from New Jersey with the dazzling dishes is a secondary hobby. Much of her off-duty time is spent escorting them and other members of the family throughout the New England vacationland.

Miss DeFlora is in the process of moving to an apartment in Brookline. Its major asset — a kitchen well designed and equipped for experimental cooking.

Research Council Elects W. C. Fisher President

W. Clifford Fisher, Purchasing Agent of the New England Deaconess Hospital, was elected President of the Institutional Research Council at its Annual Meeting in New York City. Mr. Fisher, former President of the National Association of Hospital Purchasing Agents, a resident of Needham, has been association representative to the Research Council for the past two years.

The Institutional Research Council serves 70,000 members throughout the nation including hospitals, schools and colleges, hotel and motel owners and operators, state and city purchasing agents, and numerous other organizations who have purchasing functions.

The Council's prime value is setting performance standards for materials and supplies used in the course of operations. The Certified Products List published annually covers manufacturers of products such as waxes, paints, cleaning and maintenance materials, wall coverings, textiles, mattresses, carpets and carpet underlay.

Mrs. Warren Cook Named Director of Norwood Hospital Volunteers

Mrs. Warren F. Cook, former Director of Volunteers and Administrative Assistant for Patients' Services at the Deaconess, has been appointed Director of Volunteers at the Norwood Hospital.

Mrs. Cook is the widow of the late Dr. Warren Cook, executive director of the Deaconess Hospital for many years. She served as vice president of the Friends of the Deaconess and was a volunteer here for a number of years.

GAIL LIBERTY HITS THE TARGET

Lt. Gail N. Liberty, 26-year-old graduate of the NEDH School of Nursing, continues to stun the sports world with her exceptional skill in pistol shooting.

The U. S. Air Force nurse has been shooting a pistol for only three years, and yet is two-time winner of the National Women's Pistol Championship.

She was one of two women selected to represent the United States in the World Shooting Championships at Cairo, Egypt. She tied for first place in the women's center-fire competition with a Russian and was finally awarded second place after losing a shoot-off by two points.

The native of Auburn, Me., entered the Air Force in 1960 after graduating from the Deaconess. She is now stationed at the Wilford Hall USAF Hospital, Lackland AFB, Texas.

Her picture in color appears on the cover of the May issue of *The American Rifleman magazine* and a feature story tells of her career.

ANIMAL CARE MAGAZINE PUBLISHES ARTICLE BY WARREN RAPSON ON HYPNOSIS OF RABBITS

The April issue of *Laboratory Animal Care,* official publication of the Animal Care Panel, Inc., contains an article by Warren S. Rapson, head of the animal farm at the Cancer Research Institute.

Publication of the paper on "Restraint of Rabbits by Hypnosis" followed its presentation by Mr. Rapson on closed circuit television at the 14th annual meeting of the Animal Care Panel in Los Angeles.

Doctors, technicians and animal care authorities viewed the program in an auditorium. Mr. Rapson demonstrated restraint of a rabbit by hypnosis, and to illustrate how the animal suffers no pain or discomfort while asleep, Dr. Bernard F. Trum, president-elect, made an injection.

Dr. Trum is director of the Animal Research Center at Harvard Medical School.

Describing the work which was supported by an Atomic Energy Commission contract with the N. E. Deaconess Hospital, Mr. Rapson stated in part: "The domestic rabbit may be placed in a somnolent state which resembles hypnosis by a manipulative and vocal procedure.

"In this hypnotic state, simple laboratory procedures such as radiography, subcutaneous, intravenous or intramuscular injections, as well as more complex operations such as heart puncture and venous catheterization can be performed without restraint and with no discomfort or pain."

He explained that this is less hazardous to the animal than the use of restraining devices or anesthetics.

MRS. BROOKS IS LECTURER AT COURSE IN BRIGHTON

Mrs. Rose Brooks, assistant director of the Medical Records Department, lectured on Medical Terminology at a two-day instructional course on May 21-22 at the U. S. Public Health Hospital in Brighton.

The program was sponsored by the Eastern Association of Medical Record Librarians.

SERVICE AWARDS

5-YEAR GROUP — 1st row, left to right, Winnie M. Marshall, Marion M. McCarthy, Winifred Fries, Margaret E. Hurxthal, Mary E. Deery, Margaret A. Durham, Rose Soares and Ardell Simuel; 2nd row, R. D. Lowry, Mary A. McGovern, Ruth A. Hodgkins, Ruth A. Marshall, Sharen Manley, Helen M. McInerney, Katherine V. Nicholson, Elizabeth A. Murray, Sheila H. Meek, Anna M. O'Donnell, Harry Bailey, M.D., and Hedy M. Scharbach; 3rd row, Kenneth McGuire, John R. Thebeau, John H. Murray, William J. Flatley and V. Stanley Beaton.

10-YEAR GROUP — 1st row, left to right, Johanna E. Dwyer, Mary J. Richardson, Hilda T. Peacock, Mary C. Peters, Florence E. Mills, and Clara Johansson; 2nd row, left to right, Daniel Rodgers, Raymond Dix, Maurice F. Foley, Margaret M. Holmes, Clare F. Shruhan, Ann M. Raftery and R. D. Lowry.

15-YEAR GROUP — 1st row, left to right, Edith O. Wetterlow, Artemis V. Kalousdian, Ethel M. Hickson, Helen M. Murphy, Marjorie M. LeBeau, Mary M. Sullivan, and R. D. Lowry; back row, Helen G. Goodridge, Joan Randle, Janie Christie, J. Albert Baker and James J. Halligan.

30 YEARS OF SERVICE — Executive Director R. D. Lowry presents award to Agnes Kennedy at Ninth Annual Service Award Dinner at the 1200 Beacon Street Hotel.

35-YEARS AT DEACONESS — Catherine V. Waters, left, and Mary E. Connolly accept the congratulations of R. D. Lowry. The dinner, entertainment and award ceremonies were held April 29.

CEREMONY JUNE 6-7 WILL OPEN JOSLIN RESEARCH LAB

A new research laboratory bearing the name of the late Dr. Elliott P. Joslin, renowned Deaconess Hospital physician, will be opened by the Diabetes Foundation, Inc., on Saturday, June 6, the 95th anniversary of Dr. Joslin's birth.

The laboratory, located on the third and fourth floors of the Diabetes Foundation building on Pilgrim Road, will be the largest in the world devoted exclusively to the study of diabetes.

It will house the experimental areas and animal facilities necessary to investigate the exact cause of diabetes, to develop methods for its earliest detection, and to study the best ways of prevention.

Investigators will be able to make observations and measurements in animals that will telescope into a few years the results which might take decades when studying diabetes in humans. This will be the only laboratory in the world utilizing three separate methods for determining the insulin activity in blood serum.

Through an award from the National Institutes of Health, a powerful, modern electron microscope will be added to the laboratory. It will magnify 80,000 times, enabling researchers to examine the finest details of the internal structure of body cells.

Dr. George F. Cahill, Jr., is director of the new laboratory, which is under the joint direction of the Diabetes Foundation and Harvard Medical School.

A special scientific program will be presented on June 6 for physicians and invited guests. Speakers at the Joslin Auditorium in the Cancer Research Institute will be Dr. Rachmiel Levine, professor and chairman of the Department of Medicine, New York Medical School, and Dr. G. Donald Whedon, director of the Division of Arthritic and Metabolic Diseases, National Institutes of Health, Bethesda, Md.

On Sunday, June 7, from 2 to 5 p.m., a conducted tour of the laboratory will be offered to all interested persons.

The movie "Joslin — Best and Diabetes" will be shown in the Joslin Auditorium at 2, 3 and 4 p.m. This color picture contains scenes taken at the Deaconess, at the Joslin Clinic's camps for diabetic children and at the clinic. It shows several views of Dr. Joslin which were taken a few days before his death.

Prepared for the layman, it gives the historical background of diabetes and the practical side of diabetes treatment.

Many physicians from foreign countries will see scientific demonstrations at the laboratory on July 27 and 28.

STUDENTS IN PROGRAM AT BOSTON DISPENSARY

Groups of four to six students from the senior class at the NEDH School of Nursing participate each month in a program at the Boston Dispensary and Rehabilitation Institute.

Miss Catherine J. Adams, R.N., of the Deaconess faculty directs the program in cooperation with the nursing staff of the Dispensary. The experience helps the students apply the academic principles of nursing, she explains, to the clinical and community situations encountered in outpatient clinics and on a rehabilitation service.

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